

From the Heart | Weekly Newsletter of Sacred Heart School

October 31, 2019



FAITH ♦ COMMUNITY ♦ EXCELLENCE

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Our Mission || Sacred Heart School is a Catholic community of faith, service, and academic excellence.

Key Dates

- **Oct 31 – Halloween, ESS will end at 5:00 pm**
- **Nov 1 – Auction Procurement deadline**
- Nov 1 – All School Mass, led by 3B, 8:45am
- Nov 1 – 7th and 8th Grade Dance, gym, 6:30-8:30 pm
- Nov 4 – Playmakers Art Contest Entries due 3:30 pm
- Nov 5-7 – Playmakers Cast Auditions and Tech Crew Interviews
- **Nov 11 – No School, Veterans Day**
- **Nov 12 – Picture Retake Day**
- Nov 14 – Open House, 5:30 pm
- Nov 19 – Fill the Heart, Sacred Heart Day of Giving
- **Nov 25, 26, 27 – No School, Parent/Teacher Conferences**
- **Nov 28, 29 – No School, Thanksgiving**
- **Nov 29-Dec 5 – Online Auction**
- Dec 4 – Shoe Liturgy, church, 8:45-9:45 am
- Dec 11 – Advent Program, church, 6-7 pm

[2019-20 Full Year Calendar](#)

Lunch Links (November menu available!) – [Info/Menu](#), [Order Here](#)

From the Office



Get in on all the fun! Follow Sacred Heart School
on [Facebook](#) and [Instagram](#)



Don't forget – Mass tomorrow for All Saints Day!

7th & 8th Grade Halloween Dance

All 7th and 8th students are invited to attend the Halloween dance. Students are encouraged to wear Halloween costumes. Please keep all outfits school appropriate. No bloody or gruesome costumes. Please make sure bottoms are at least uniform length and tops are not low-cut or crop top style. This is happening on **Friday, November 1st, 6:30 – 8:30 PM, in the school gym.** Admission: \$10 at the door.

Annual Parish Pledge

It's time to renew your annual pledge for the support of the many ministries of the parish. Your pledge supports a whole variety of important programs and ministries like youth ministry and confirmation, children's faith formation, Carpe Diem, ministry to the sick and dying, the Sacrament of Reconciliation. Baptisms, weddings, funerals, and Mass every day of the week. None of this can happen without your support. In addition, **22% of what you give to the parish comes to our school** to support our programs, facilities, and instruction.

Every family who receives the Contributing Parishioner Tuition Rate is required to have an annual pledge on file and make regular progress toward fulfilling their pledge. You can update your [pledge online](#) or with a pledge card from the church at Mass or the parish office.

Trunk or Treat

Thank you to everyone who made our Trunk or Treat such a great success this year! There were so many terrific decorated cars for the students to visit! I especially want to thank Lorrie and Eric Baldevia and their family along with Kruti Stack for all of their work to make the event so much fun – the music, food, drinks, dancing, prizes, and more.

Annual vision and hearing screenings complete

Last week, we conducted our annual vision and hearing screenings for students in grades K-3, 5 and 7 and other students at the request of parents. A total of 241 students were included in this year's screenings.

I want to send a huge shout out of thanks to our many parent volunteers who made this year's screenings possible. This was Kelly Bach's first year as our Health Screening Volunteer Coordinator. Eileen Crispin volunteered her time and talents for the second year to conduct all the vision screenings using the PlusOptix mobile vision screener. We had 17 parent volunteers who conducted all of our hearing screenings. Thank you to everyone for volunteering your time and doing such a great job!

Vision and/or Hearing results: Parents will ONLY be notified of vision and/or hearing results that warranted follow-up by a healthcare professional. For vision results, parents will receive an email by November 2nd. For hearing screenings, WA State requires students who did not hear the frequencies tested to be re-screened in 6 weeks. We have 18 students that will be re-screened on December 3rd. At that point, parents will be notified if results warrant follow-up by a healthcare professional.

Pick Up Time

When picking up in the lower lot please remember:

- 1) If you park in a "front" spot, do not leave your car so that you don't block the person behind you.
- 2) Leave the parking lot only from the exit at the north end. Do not exit through the entrance on 14th Street.
- 3) Follow all directions from the staff members on duty.
- 4) Drive slowly and carefully through the parking lot.

November is a Month for Remembrance

The month of November is set aside in the Church to remember all those who have died. We will have a Book of Remembrance in the school lobby for parents, staff, or students to write the names of friends and loved ones who have died so that we can pray for them throughout the month of November.



Remember to move your clocks back this Sunday!

Claim your items in Lost & Found

The lost & found closet is overflowing with unlabeled SHS sweatshirts and fleeces, water bottles, lunchboxes and non-SHS clothing. Please remember to LABEL all items brought to school. All unclaimed items will be donated by November 1st.

Lands' End - 40% off your order between now and November 6th, 2020. Simply use promo code FAMILY40 and PIN 1234



Don't miss out on important Sacred Heart announcements on Bloomz by adjusting your notification settings!

Web

1. Log in to Bloomz
2. Click the gear Settings icon (bottom of black rectangle on left of screen)
3. Click Notifications
4. Select how you would like to receive notifications
5. Select the types of notifications you'd like to receive

Mobile

1. Open the Bloomz app
2. Click the 3 horizontal lines at the top left of the screen to open your navigation panel
3. Click the gear Settings icon (bottom of black rectangle)
4. Click notifications
5. Select how you would like to receive notifications
6. Select the types of notifications you'd like to receive

*Note: You may also want to check the notification settings on your phone to ensure that you have enabled notifications.

Learn more about notification options at this Bloomz blog post, [Tip: Customize Your Notification Settings](#).

Did you know that October is National Cyber Security Awareness Month? This month, we are sharing some of the ways that we work to keep our students safe online at SHS using the following guidelines:

1. Set preventative boundaries & clear expectations
2. Teach & guide proper use & behavior
3. Reflect & problem solve when mistakes & challenges do occur
4. Use appropriate, logical consequences when needed

What do we do as a school to keep our children safe on their devices?

We reflect & problem solve when mistakes and challenges do occur, and use appropriate, logical consequences when needed.

Last week, we talked about the explicit lessons that we teach our students in order to stay safe online. As with all things, once we have done what we can to set our kids up for success with physical settings, clear expectations, and explicit lessons, we must tackle mistakes & challenges as they come. We realize that our students are always learning. Sometimes, they are purposefully pushing boundaries and sometimes they make genuine mistakes. Often, mistakes provide an opportunity for growth. When these situations occur, we turn them into conversations and chances for authentic learning. When necessary, we use logical consequences directly related to the error. Examples include:

- Misuse of a device= Loss of a device

- Sending an unkind message= Sending a kind apology
- Visiting an unsafe website= Setting further blocks on firewall & learning more about *why* it matters
- Sharing a password= Having child update passwords

For more ideas on how to reflect and problem solve with your child, check out this article, [Help Teens Avoid Online Mistakes](#).

Connect: Discuss with your child- Have you (parent) or has someone you know ever made a mistake online? What did you/he/she do to problem solve? Were there any consequences?

Questions? Comments? Please contact [Deanna Simons](#).

From the Auction Committee



Procurement Deadline is TOMORROW to receive Free Dress next Friday November 8th!

*** Thank you to all the families who have already procured. ***

[Procurement Form](#)

Upcoming Auction Events –

- It is that time of year – **Auction T-shirts** are going on sale! Please click on the link <https://sacredheartbellevue.ejoinme.org/tshirts2020> or look in your students backpack for the form. With the purchase of the Auction t-shirt your student receives 3 free dress days. On the free dress day, the students will wear their auction t-shirt and then anything else on their bottom half that is within the school free-dress policy.
- **Party Sign ups**

- **Gingerbread Party - December 19th** from 3:30 to 5:00! Spots are limited and sign ups go live on November 14th. Please look for the link in that weeks From-The-Heart.
- **Moms Cookie Party – December 5th** from 6pm to 9pm. Once again spots are limited and sign ups go live on November 14th. Please look for the link in that weeks From-The-Heart.
- **Online Auction** – will go live on **November 29th**! This is a great way to support the school while doing some Christmas shopping.

From the Development Office



Join us in our first fundraiser for the 2019-2020 school year and help us “*Fill the Heart*” on November 19th!

Why do we need to raise funds for our school?

We strive to keep Sacred Heart School affordable for all families. While tuition is primarily used to pay for teacher and staff salaries, all of our fundraising revenue is used to support programs that foster our students’ learning and growth as well as our current operating expenses.

Why support the Sacred Heart School Annual Fund?

100% of your gifts made to the SHS Annual Fund go directly to our school. Your gift is essential in fulfilling our mission to provide an excellent academic education in an environment of faith and virtue. Gifts are tax-deductible and available for corporate match programs. To see if your gift qualifies, please click [matching gifts](#).

How can I help?

Please join us on or before November 19th to make your Annual Fund gift to *Fill the Heart*! You can make a pledge or donation at [SHS Annual Fund](#). Our 2019-2020 SHS Annual Fund goal is \$275,000.

For more information on the Sacred Heart School Annual Fund, please contact [Katy Gregg](#).

Thank you to everyone who has already donated to the SHS Annual Fund this year! We are truly grateful for your support of our students and school!

From Parent's Club



Rain... Rain... Go Away!

Sacred Heart has a great way for you to stay dry. A **SHS Spartans Umbrella!!!** The cost is \$25.00 and you can purchase them at the front office.

Sacred Heart Activities

Playmakers – The Marvelous Land of Oz

The winter musical has been selected and revealed. We are excited to announce it will be The Marvelous Land of Oz! The adventure story follows a boy named Tip as he travels through the many lands of Oz to thwart the plans of a witch named Mombi. Along the way, he meets the Scarecrow and Tin Woodman, as well as new characters like Jack Pumpkinhead, the Wooden Sawhorse, and the Amazing Gump. It is a sequel to the original Wizard of Oz story. We look forward to presenting the musical at the Kirkland Performance Center on March 6-8, 2020.

Playmakers Art Contest

Help SHS Playmakers design the look for this year's school play. Draw a picture that can be used to promote The Marvelous Land of Oz. The winner will receive a \$50 Amazon gift card and their design may be used in all play promotions (on the SHS Playmakers website, on posters around school, on t-shirts, and in promotional flyers). Entry forms have been distributed to classrooms and are available at the front office. Entries are due Monday, Nov. 4

Auditions

Cast Auditions and Tech Crew Interviews for The Marvelous Land of Oz will be Nov. 5-7. Audition materials and registration links at [Playmakers page](#). **Signup link for auditions will be posted 7 a.m. tomorrow Friday, Nov. 1.** If you have any questions, please contact [SHS Playmakers](#)

Chess coming back to Sacred Heart this January!

Classes will take place on Tuesdays after school. Details coming soon.

Meals for Fr. John—"Cead Mile Failte!"

Please help provide Fr. John with twice-weekly meals. Fr. John is used to living in a rectory and having meals prepared for him. The more meal makers we have, the lighter the load for us all! We so appreciate Fr. John's pastoral presence with us for the upcoming year; our meals welcome him and thank him. You may sign up directly for the [Meal Train online for Fr. John](#), or you may email [Stephanie McIntyre](#) or call her at 425-990-8696.

Community Activities

You are Cordially Invited to the Seattle Prep Open House!

Seattle Prep's Open House is Tuesday, November 5, 2019 from 5:30 - 8:00pm

Our annual Open House is an opportunity to tour our beautiful campus, hear presentations on curriculum, learn about student activities and meet faculty, administrators and students. Stop by and stay for as much of the Open House as you would like. Please [click here](#) for more information and to register for Open House!

The 40th Annual St. Brendan School Holiday Craft Fair, November 9th & 10th.

Come to see 110 craft vendor booths (only handcrafted items), refreshments, and bake goods, throughout our 2 story building at the St Brendan Holiday Craft Fair. Participate in the Holiday Gift Raffle, and come meet Santa! Craft vendors were juried and selected from approximately 400 applications. Admission is free and parking is available on the streets near St. Brendan. Bring your friends and family!

Open Saturday, Nov. 9th from 9 am to 5 pm and Sunday Nov. 10th from 11 am to 4 pm. More information in [Saint Brendan Holiday Craft Fair page](#)



CYO Summer Camps – Early registration opens November 1st

CYO camps offer summertime fun in a faith-filled environment. Registration opens early this year! Mark your calendars for November 1st to take advantage of early registration discounts!

Visit <https://cyo.camp/> for more information.

From the Parish

Pope Francis intention for fall - A Missionary "Spring" in the Church. That the breath of the Holy Spirit engender a new missionary "spring" in the Church.

Perseverance – Jesus noticed Zacchaeus from the crowd and his persistence. He has a strong desire to see and met Jesus. Jesus goes against murmurations and acknowledges him two times, first noticing him then spending time at his place. The "word-on-the-street" was that tax-collectors were not reputable people hence publicly people refrained from relating and engaging with them. But not Jesus. Zacchaeus teaches us a great lesson, that just like he went out of his way and persevere, if we keep seeking Jesus constantly, Jesus will notice and will ask us to come to our house--into our life in a tangible way. Jesus will not pay attention to what other people think of us nor to public opinion. He only cares about each one of us just the way we are. All we have to do to get Jesus attention is to persevere regardless of the obstacles we will encounter on the way to meet him, just like Zacchaeus did. The only catches are 1) He will asks

us to give up all things that distract us from a healthy relationship with Jesus; 2) it will be in Jesus' time vs. our time but He will show up because He cares about each one of us like no one.

Men's Group Meetings

These continue to meet every Saturday morning at the Parish Hall at 8:00am for an hour. Bring a friend and share this hour of fellowship in Christ with fellow parishioners.

Peach in Christ - Ignacio Dávila

>Click [here](#) for the latest Sacred Heart Parish bulletin. If you wish to view an older bulletin, click [here](#).

Our Vision || Sacred Heart School is committed to providing an excellent academic education in a welcoming environment of faith and virtue. We accomplish this by building an active partnership between our families, school, and parish. Graduates of Sacred Heart School are servant leaders who are well prepared to embrace the life that God calls them to live.

From the Heart is published weekly during the school year on Thursdays.

If you have content to include in future newsletters, please [obtain administration permission](#) and then send to fth@sacredheart.org by **Tuesday** night.