

SHS Hot Lunch Menu by DElectable BBQ & Catering

January 2023

Daily Lunch Options

Baked Potato Bar w/entree sides \$6.25; Naked Fruit Juice (10 oz) \$2.75

8" Turkey & Cheese, Ham & Cheese, or Tuna Sub Sandwich with Chips; Ham, Turkey or Tuna Croissant with chips \$6.25

BBQ Chicken, Chicken Caesar Salad Wrap, Southwest Chicken Wrap or Tofu Wrap with Chips \$6.25

Caesar Salad-\$6.25 Chicken Caesar Salad-\$6.50 House Salad -\$6.25 Cobb Salad-\$6.50 Chicken Southwest Salad \$6.50, Add Avocado - \$0.50

2	3	4	5	6
NO SCHOOL	Cold Lunch Items Only	Cold Lunch Items Only	Cold Lunch Items Only	Cold Lunch Items Only
9	10	11	12	13
Homemade Tomato Soup Grilled Cheese Cookie	Bean & Cheese or Chicken & Cheese Burrito Fresh Fruit Chips & Salsa Churro	Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Carrots Brownie	Cheeseburger, Hamburger or Veggie Burger Tater Tots Cookie	Scratch Made Mac & Cheese Applesauce Mini Muffin
16	17	18	19	20
NO SCHOOL	Chicken Burrito Bowl Black Beans Cilantro Lime Rice Chips & Salsa Churro	Nonna's Homemade Meatball Sub Fresh Veggies Brownie	French Toast Bake Sausage Links Fresh Strawberries	Chicken or Veggie Yakisoba Edamame Cookie
 23	24	25	26	27
Lunch Around the World Butter Chicken Basmati Rice Cucumber Salad Mango Dessert	Chicken or Cheese Quesadilla Fresh Fruit Corn Churro	Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Carrots Brownie	BBQ Chicken Sandwich Baked Beans Applesauce Cookie	Chicken or Tofu Teriyaki Rice Oranges Cookie
30	31	1	2	3
Homemade Chicken Noodle Soup Dinner Roll Applesauce Cookie	Chicken or Veggie Soft Tacos Black Beans Cilantro Lime Rice Churro	Nonna's Homemade Meatball Sub Fresh Veggies Brownie	Hot Cakes Sausage Links Fresh Strawberries	Chicken or Veggie Fried Rice Edamame Cookie

Menu items contain gluten dairy, soy & eggs. Gluten free, dairy free, soy free & egg free hot lunch options are available upon request.