

# SHS Hot Lunch Menu by DElectable BBQ & Catering

October 2021

## Daily Lunch Options

Baked Potato Bar w/entree sides \$5.75; Naked Fruit Juice (10 oz) \$2.75

8" Turkey & Cheese Sub Sandwich or Ham & Cheese Sub Sandwich with Chips \$6.25 Ham or Turkey Croissant Sandwich with Chips \$6.25

BBQ Chicken, Chicken Caesar Salad Wrap, Southwest Chicken Wrap or Tofu Wrap with Chips \$6.25

Caesar Salad-\$5.50 Chicken Caesar Salad-\$6.50 House Salad -\$5.50 Cobb Salad-\$6.50 Chicken Southwest Salad \$6.50, Add Avocado - \$0.50

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				Buttermilk Chicken Tenders Corn Applesauce Cookie
4 Homemade Tomato Soup Grilled Cheese Rice Krispy Treat	5 Scratch Made Mac & Cheese Applesauce Cookie	6 Nonna's Homemade Meatball Sub Fresh Veggies Brownie	7 Beef or Vegetarian Chili Cornbread Fruit	8 Chicken or Tofu Teriyaki Brown Rice Oranges Cookie
11 Bánh mì with Chicken or Tofu (Vietnamese sandwich) Side Salad	12 Chicken or Vegetarian Burrito Bowl Black Beans Cilantro Lime Rice Chips & Salsa	13 Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Fresh Fruit Brownie	14 Hot Cakes Sausage Links Fresh Strawberries	15 NO SCHOOL
18 Grilled Ham & Cheese Tator Tots Cookie	19 Beef or Vegetarian Enchilada Casserole Chips & Salsa Churro	20 Nonna's Homemade Meatball Sub Fresh Veggies Brownie	21 Cheeseburger, Hamburger or Veggie Burger Tater Tots Cookie	22 Chicken or Veggie Yakisoba Edamame Fresh Fruit Cookie
25 Homemade Chicken Noodle Soup Dinner Roll Applesauce Rice Krispy Treat	26 Chicken or Vegetarian Burrito Bowl Black Beans Cilantro Lime Rice Chips & Salsa	27 Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Fresh Fruit Brownie	28 Hot Cakes Sausage Links Fresh Strawberries	29 Jack-O-Lantern Quesadilla Fresh Fruit Halloween Treat

Menu items contain gluten dairy, soy & eggs. Gluten free, dairy free, soy free & egg free hot lunch options are available up on request.