

# SHS Hot Lunch Menu by DElectable BBQ & Catering

November 2021



## Daily Lunch Options

Baked Potato Bar w/entree sides \$5.75; Naked Fruit Juice (10 oz) \$2.75

8" Turkey & Cheese Sub Sandwich or Ham & Cheese Sub Sandwich with Chips \$6.25 Ham or Turkey Croissant Sandwich with Chips \$6.25

BBQ Chicken. Chicken Caesar Salad Wrap. Southwest Chicken Wrap or Tofu Wrap with Chips \$6.25

Caesar Salad-\$5.50 Chicken Caesar Salad-\$6.50 House Salad -\$5.50 Cobb Salad-\$6.50 Chicken Southwest Salad \$6.50, Add Avocado - \$0.50

1	2	3	4	5
Beef or Vegetarian Chili Cornbread Fruit	BBQ Chicken Tostada or Bean Tostada Corn Churro	Nonna's Homemade Meatball Sub Fresh Veggies Brownie	Cheeseburger, Hamburger or Veggie Burger Tater Tots Cookie	Scratch Made Mac & Cheese Applesauce Cookie
8	9	10	11	12
Homemade Tomato Soup Grilled Cheese Rice Krispy Treat	Chicken or Tofu Teriyaki Brown Rice Oranges Cookie	Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Fresh Fruit Brownie	<b>NO SCHOOL</b>	Fresh-Made Pizza Cheese or Pepperoni Oranges Cookie
 15	16	17	18	19
<b>Lunch Around the World - Thailand</b> Chicken or Tofu Pad Thai Black Sticky Rice w/ Coconut Milk	Chicken or Vegetarian Burrito Bowl Black Beans Cilantro Lime Rice Chips & Salsa Churro	Nonna's Homemade Meatball Sub Fresh Veggies Brownie	Hot Cakes Sausage Links Fresh Strawberries	<b>Thanksgiving Feast</b> Turkey Mashed Potatoes & Gravy Green Beans Apple Pie
22	23	24	25	26
<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>		<b>NO SCHOOL</b>
29	30	1	2	3
Homemade Chicken Noodle Soup Dinner Roll Applesauce Rice Krispy Treat	Chicken or Veggie Soft Tacos Black Beans Cilantro Lime Rice Chips & Salsa Churro	Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Fresh Fruit Brownie	Hot Cakes Sausage Links Fresh Strawberries	Chicken or Veggie Yakisoba Edamame Fresh Fruit Cookie

Menu items contain gluten dairy, soy & eggs. Gluten free, dairy free, soy free & egg free hot lunch options are available upon request.