

## From The Heart | Weekly Newsletter of Sacred Heart School

April 24, 2020



FAITH ♦ COMMUNITY ♦ EXCELLENCE

9450 NE 14TH STREET  
BELLEVUE, WA 98004

SCHOOL OFFICE: (425) 451-1773  
FAX: (425) 450-3918

**Our Mission** || Sacred Heart School is a Catholic community of faith, service, and academic excellence.

### Key Dates

- Mar 17-Jun 18 – Campus closure following WA state guidance. Remote learning via Teams
- Apr 26 – Mass, 11 am, [Sacred Heart Church](#) in Facebook
- Apr 27 – Rosary with Fr. John, 7 pm, [Sacred Heart Church](#) in Facebook
- Apr 29 – School Mass, 8:45 am, [Sacred Heart Church](#) in Facebook
- Apr 29 – Drinks with the Principals, 7 pm, via Teams
- Apr 30 – School Mass, 8:45 am, [Sacred Heart Church](#) in Facebook
- Apr 30 – ARC Open House, 5:30 – 6:30 pm, via Teams
- May 5 – 6 – [GiveBIG](#) for Sacred Heart School
- May 14 – Online Talent Show, 6:30 pm

[2019-20 Full Year Calendar](#) & [2020-2021 Full Year Calendar](#)



Get in on all the fun! Follow Sacred Heart School  
on [Facebook](#) and [Instagram](#)

### The Week Ahead | April 27th to May 1st

Find all the information needed to assist and guide your child(ren) through the upcoming week of remote learning.

- [Kindergarten Newsletter \(PDF\)](#)
- [1st Grade Newsletter \(Sway\)](#)
- [2nd Grade Newsletter \(Sway\)](#)
- [3rd Grade Newsletter \(Sway\)](#)
- [4th Grade Newsletter \(Sway\)](#)
- [5th Grade Newsletter \(Sway\)](#)
- [6th Grade Newsletter \(Sway\)](#)

- [7th Grade Newsletter \(Sway\)](#)
- [8th Grade Newsletter \(Sway\)](#)

## From the Office

### Drinks with the Principals

Join Mrs. Pickett and Mr. Burroughs for an informal question and answer session on Teams **next Wednesday evening at 7 pm**. Bring your favorite drink(s). The discussion will be recorded and posted in case that time does not work for you. Log-on details will be sent out separately.

### ARC Open House – Thursday, April 30<sup>th</sup>

The Academic Resource Class (ARC) Open House will take place on Thursday, April 30<sup>th</sup> from 5:30-6:30 on a Teams Meeting. Students are welcome to participate with their parents. The Open House will provide an overview of ARC. There will be current ARC student speakers as well as alumni ARC student speakers who will share how ARC has helped them at the high school level. Email invitations to the Open House Teams Meeting will be sent next week. If you are unable to attend and would like more information about ARC, please contact ARC Director [Rosemarie Engman](#). **ARC Applications for the 2020-2021 school year are due May 8<sup>th</sup>**. Please see the [ARC Open House Flyer](#) for more information.

### Community Outreach

We have a new opportunity to help families in need in our community. Not all families have the resources that we have, and many are struggling to keep their children educated and engaged during the closure of school campuses. Sacred Heart School will be assisting [Friends of the Children \(FOTC\) Seattle](#) by collecting items for the children that they serve.

Consider involving your children in this outreach project by brainstorming with them which activities they have enjoyed over this extended school closure and what items children their own age might also enjoy and support their learning (e.g., books for all reading levels, workbooks, flash cards, arts and crafts supplies, puzzles, board games).

1) You may drop off, or have items shipped directly to the home of Matt and Katie Griffith **by April 30<sup>th</sup>**. The Griffiths will have a bin on their porch for collection. Matt and Katie Griffith/ 3021 93<sup>rd</sup> Place NE/ Clyde Hill, WA 98004.

2) You may drop off items at Sacred Heart School by April 30. The best time for drop-offs is Mondays and Thursdays from 9-10 am at the back entrance to the school.

3) You may make monetary donations directly to FOTC via the [No Matter What](#) fund, setup specifically to assist the children served by FOTC during COVID-19 or checks can be made out to Friends of the Children Seattle and mailed to: Friends of the Children Seattle/ P.O. Box 18886/ Seattle, WA 98118.

Thank you for your generous support.



### **Masses at Sacred Heart**

Masses are now live streamed on Sundays at 11 am and Wednesdays and Thursdays at 8:45 am. Everyone is encouraged to log on and join in prayer.

### **Jubilee Reach**

Thanks to the generosity of our school families as well as some friends of our school families and Sacred Heart parishioners, we are now helping to feed over 1200 families in need by donating more than 100 bags of groceries each week to Jubilee Reach.



With the many changes in our daily lives right now, it is important to form healthy routines and habits, just as our teachers do at the start of each new school year. One important area in which to support our children is helping them to stay focused and on task.

Technology can bring with it many distractions, especially as we increase the frequency of use. Our students have been around technology their entire lives, and don't always realize how distracting it can be. "Multitasking" checking emails, playing games, responding to messages, joining meetings, online shopping, checking texts, changing music, etc. can truly slow down work and cause stress and anxiety without us realizing it! Want to prove this to your child? Try this challenge as a family (that's right parents, you participate too!)

**Materials:** Piece of paper and a writing tool, timer

**Goal:** Write the sentence and string of numbers below as fast as you can, as you see them.

### **Multitasking is a myth.**

**1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20**

- Set a 30 second timer and do the activity 2 times.
- The first time, write only 1 character from each line at a time.
- The second time, write the full 1<sup>st</sup> line, then the full 2<sup>nd</sup> line.
- Compare times.

During which round did you work faster? What affect did jumping back and forth have on your brain and your state of mind? How can this apply to remote learning and technology use for school?

Questions? Comments? Please contact [Deanna Simons](#).

## From the Auction Committee



BLAME IT ON THE  
**BOOGIE**  
2020 SACRED HEART SCHOOL AUCTION

### **Auction News**

We are working on new dates for all experiences! We appreciate your patience and support throughout this terrible time around the world and close to home. Sacred Heart would not be the amazing school it is without all of you. PLEASE do not hesitate to email [Tegan Clise](#) with any questions or concerns. Stay healthy!

Remember to submit your company matches, click here – [Corporate Matching](#).

And if you could not join us at the auction gala and would like to give to Fund-A-Need, click here – [Fund-A-Need](#).

## Sacred Heart Activities



### **Playmakers News**

Playmakers is back starting next week with two new offerings:

#### **Frog and Toad** (3<sup>rd</sup> and 4<sup>th</sup> graders)

The annual Sacred Heart 3<sup>rd</sup> and 4<sup>th</sup> grade play is back this spring! Students will rehearse and perform online for the Sacred Heart community, family and friends. Students must be available for one rehearsal each week (dates to be scheduled based on casting).

#### **Play Reading Group** (5<sup>th</sup> – 8<sup>th</sup> graders)

This twice-a-week program will read a different script each week, most of which come from the Playmakers archives. Students sign up for one week at a time and are welcome to participate in multiple weeks. Space is limited by the number of roles available, but additional sections may be opened if there is interest.

Next week's script is *Roald Dahl's Willy Wonka*, which was the Playmakers musical in 2014. No singing is required to participate. The schedule will be Wednesday and Thursday, April 29<sup>th</sup> & 30<sup>th</sup> from 3:00 – 4:00pm.

Read more about these programs and register on the [Playmakers website](#) beginning today, April 24<sup>th</sup>.

Questions? Email [bboyd@sacredheart.org](mailto:bboyd@sacredheart.org)

## From the Development Office



Sacred Heart School, as well as many other Washington State non-profits, have been greatly impacted by the COVID-19 pandemic. This campaign is your opportunity to support Sacred Heart School during these ever changing times so that we can continue to provide resources necessary for our students and teachers to excel. Early giving is happening **NOW** and concludes with a TWO DAY giving event on May 5<sup>th</sup> and 6<sup>th</sup>. **Simply click [HERE](#) or visit [www.givebigwa.org](http://www.givebigwa.org) and search Sacred Heart School.**

**We thank you for giving BIG and partnering with us in our mission to continue to provide an excellent education for our students!**

## From the Parish

### Participate in Pastoral Planning Today!

Please, participate in the survey to support the new Pastoral Plan from Archbishop Etienne to build a thriving and more mission-oriented Catholic community in Western Washington. Participants should allow *at least* 15-20 minutes to complete the survey.

- **ENGLISH SURVEY** [CatholicSurvey2020.com](http://CatholicSurvey2020.com) (see the [video announcement by Archbishop Etienne](#)).
- **SPANISH SURVEY** [EncuestaCatolica2020.com](http://EncuestaCatolica2020.com) (see the [video announcement by Bishop Elizondo](#)).

### Live streaming masses at Sacred Heart Parish

You may continue to participate in our Sunday Mass with Fr. John Madigan, online via [Facebook Live](#) every Sunday at 11 am.

>Click [here](#) for the latest Sacred Heart Parish bulletin. If you wish to view an older bulletin, click [here](#).

---

**Our Vision** || Sacred Heart School is committed to providing an excellent academic education in a welcoming environment of faith and virtue. We accomplish this by building an active partnership between our families, school, and parish. Graduates of Sacred Heart School are servant leaders who are well prepared to embrace the life that God calls them to live.

---

*From the Heart* is published weekly during the school year on Fridays.

If you have content to include in future newsletters, please [obtain administration permission](#) and then send to [fth@sacredheart.org](mailto:fth@sacredheart.org) by **Tuesday** night.