

From the Heart | Weekly Newsletter of Sacred Heart School

March 20, 2020



FAITH + COMMUNITY + EXCELLENCE

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Our Mission || Sacred Heart School is a Catholic community of faith, service, and academic excellence.

Key Dates

- Mar 17 - Apr 27 – Campus closure following WA state guidance. Remote learning via Teams
- Apr 10 – Good Friday, special schedule
- Apr 11-19 – No School, Easter Break

[2019-20 Full Year Calendar](#) & [2020-2021 Full Year Calendar](#)



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The Week Ahead (March 23-27)

In this new section of 'From the Heart', you will find all the information you need to assist and guide your child(ren) through the upcoming week of remote learning.

Thank you, parents, for all your flexibility as we become more expert at remote learning. We can already see the improvements from the first day. Please be patient with our teachers as we find the right balance and approaches, for each grade, to effectively deliver instruction. *Mr. Burroughs*

Change to Middle School Schedule

We are revising the middle school schedule slightly in order to allow them to finish their online day earlier. This schedule will go into effect beginning on Monday, March 23. See the updated schedule [here](#).

- [Pre-K Newsletter \(PDF\)](#)
- [Kindergarten Newsletter \(PDF\)](#)
- [1st Grade Newsletter \(Sway\)](#)
- [2nd Grade Newsletter \(Sway\)](#)
- [3rd Grade Newsletter \(Sway\)](#)
- [4th Grade Newsletter \(Sway\)](#)
- [5th Grade Newsletter \(Sway\)](#)

- [6th Grade Newsletter \(Sway\)](#)
- [7th Grade Newsletter \(Sway\)](#)
- [8th Grade Newsletter \(Sway\)](#)

From the Office

Online Profile Pictures

Some of our students have chosen profile pictures for their Teams meetings that are distracting at best. From here forward, we are asking all students to use either the default first and last initials of their name (e.g., DB) or the simple picture of their face (just smiling, not sticking out their tongue, with their hair dyed green, etc.) so that we can focus on learning rather than an ever-changing array of profile pictures.

Recommended remote learning routine

Weekly - Check Sway or pdf newsletter from teachers by grade, linked in here, in the section above, for overview of upcoming week (check for any changes). Use both for scheduling & planning.

Daily (in the morning)

1. Log in to Teams (from student Office365 account)
2. Review calendar for the day and check for LIVE meetings (where students can join live teacher video call) and TEACHER AVAILABLE time (where students have independent work to do, and teacher is available to answer questions) . Note: The majority of classes will be listed as LIVE.
3. Review Assignments for the day- check to see what will be due and when it will be do
4. Look for any bold Team & Channels- this means that there has been activity (new posts, videos, etc. from a teacher or classmates) since you last logged on. Catch up on what you missed!
5. Be ready to start your school day!

Remote learning expectations and tips for success

Sacred Heart teachers and staff are committed to our students' success during this time of change and uncertainty. And we are grateful for the support and assistance from parents to help your child(ren) adapting to the new schedule and the new way of learning. Here are a couple new resources to assist with this new approach:

- Watch this [fun video](#), starring Ms. Metzger and Mr. Granlund, about expectations and recommendations to be successful with our new remote learning approach and technology.
- Check out Mrs. Engman's [Remote Learning Tips](#) and be inspired with this list of helpful tips to ensure students' best success in remote learning.

Thanks to Ms. Metzger, Mr. Granlund and Mrs. Engman for putting these together.

Send us photos of your student's remote learning!

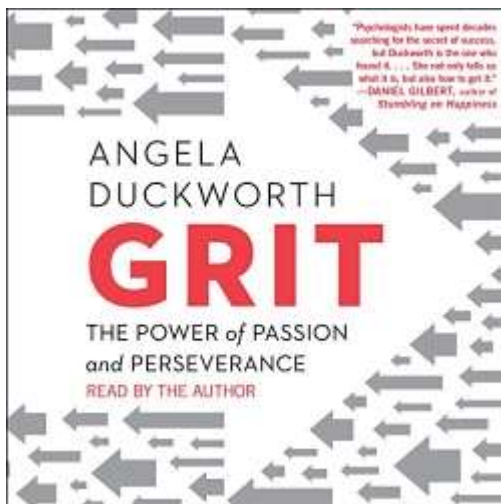
What an adventure we are all undertaking moving to completely remote instruction and learning! Please send us photos of your child/children in their designated school workspace at home receiving remote instruction, working on their school work or projects, showing us their designated workspace,

or giving us a glimpse into the fun “offline” activities they are doing (e.g., jumping on the trampoline, playing a board game with the family, reading a book). Inspire your classmates, impress your teachers and stay connected by sharing your ideas and adventures in remote learning at home! Please email photos to [Laura Leach](#). She will be uploading them to our school Instagram account.



Support for Sacred Heart Parish

Please to continue to support our parish through your giving online. The parish continues to support our school (21% of what you give to the parish comes to the school) and so many vital ministries such as sacramental preparation, funerals, baptisms, outreach to those in need, communion to the sick, and more. You can [give online](#) or mail in your check to the parish office. - *Mr. Burroughs*



Book Discussion Group for Parents and Staff

Are you interested in joining a parent/staff book study to read and discuss Angela Duckworth's book "Grit"? If you are interested, please take this [quick survey](#) to help us plan.

Google Arts & Culture

Explore the World from Your Home

Google has partnered with over [2,500 museums from around the world](#) to make their collections available online. This is a great way to “get out and explore” even while we are at home. There are also virtual tours of beautiful and amazing cultural sites from around the world. Make it a fun family event and “visit” these cultural treasures together.

Offline Learning

Looking for some fun things for you kids to do “offline”? Try these [card games](#) that are fun and educational.



Bedtime Stories from “Olaf”

The actor who plays Olaf in the “Frozen” movies, Josh Gad, has been reading bedtime stories using his acting abilities to bring them to life on his Twitter account. Find out more [here](#).

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**SACRED HEART
TECHNOLOGY**

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In this new experience of 'Remote Learning' we have been exposed to several technology tools from Microsoft, maybe new to some of us. Here is a quick guide on all of them:

- **Office365 | "The Platform"**
 - Use in PreK to 8th grade
 - General starting place to access all Microsoft programs
- **OneNote | "The Notebook & The Binder"**
 - Use in 5th to 8th grade
 - Program to access teacher lessons and resources, and for students to complete work
- **Teams | "The Classroom"**
 - Use in PreK to 8th grade

- Program to view class calendar; attend live classes; view and submit assignments
- **Stream | "The SHS YouTube"**
 - Use in PreK to 8th grade
 - Video sharing space, view teacher lessons and pre-recorded live classes
- **OneDrive | "The Cloud" ("The Modern Floppy Disc")**
 - Use in 2nd to 8th
 - Online file storage space for PPTs, Docs, Spreadsheets, etc.



Use Office365 to:

- *PreK - 4:* Access Teams for live remote classes and to view/ submit assignments, Access student emails in Outlook (2nd - 4th grade), Access Stream to view teacher-created video links and recorded Teams live remote classes
- *5-8:* Access Teams for daily instructions from teachers, live remote classes, and to view/submit assignments, Access student emails in Outlook, Access Stream to view previously recorded lessons, Access OneNote to view course materials and complete assignments.

Things to Know:

- Many Office365 programs can be visited online or as a computer desktop app. Students are encouraged to use the desktop app version of OneNote and Teams. All other programs are a matter of preference.
- Many Office365 programs also have individual mobile apps. Accessing content from your phone? Try downloading the mobile app! (Recommended to only login to one student account per mobile app- switching between accounts on mobile apps takes time).

Helpful Hints for Teams:

1. Bold Team names or Channel names mean new activity in that space
2. Type @FirstNameLastName (it should turn into a blue link) to tag someone- this will ensure that that specific person gets notified of your post
3. Change how your Teams are displayed (tiles, list, etc.)- Click Teams - Click the Gear Icon (More Options) - Click Switch View to You can "Hide" or "Show" Channels so they appear easily in white space under the Team name
4. Adjust your notifications:

Teams Mobile App

- Open the Teams app
- Click the three lines in the top left corner
- In the menu that appears, click Notifications
- Then you can play around with exactly what you want.

Computer

Option 1- Turn off notifications for specific channels in Teams

- Open Teams
- Go to whichever Team you want to turn off notifications for
- Click the 3 dots next to the channel you want to turn off notifications for
- Click channel notifications
- Update how you want. You need to do this for EVERY channel.

Option 2- Turn off ALL Teams notifications

- Open Teams
- Click your initials in the top right corner
- Click Settings
- Click notifications.
- You can update things for ALL Teams here

***You may also get notifications from the online version of Teams. To turn those notifications off:**

- Go to the search bar at the bottom left corner of your computer screen
- Type in “Notifications & Actions Settings”
- Scroll down to where it says “Get notifications from these senders”
- Find this & turn it off:



Questions? Comments? Please contact [Deanna Simons](#).

From the School Counselor

Here are a couple of great resources/information about how to talk with your children about COVID-19. Their health and well-being during this time is critical, especially their mental health. Let's help them better understand what is going on and also shield them from some of the media negativity.
- Mrs. Kari Boyd

- [How to talk to Kids about COVID-19](#)
- [2019 Novel Coronavirus from healthychildren.org](#)

From the Development Office

We are making sure all your generous support of Sacred Heart School continues to keep us up and running during this critical time for our students and staff. Your continued support of our programs and operations is essential and we are truly grateful for your gifts. If you have any questions regarding your contributions or how you can help, please do not hesitate to contact us:

[Tegan Clise](#) – Auction and Events Director
[Katy Gregg](#) – Annual Fund and Corporate Matching Director

We thank you!

From the Parish

Message from Archbishop Etienne

Under the directive of Archbishop Etienne regarding the prevention of the spread of COVID-19, all public Masses in the Seattle Archdiocese have been suspended until further notice. Watch message from Archbishop Etienne [here](#). **“Pray with confidence, pray with faith, pray with hope.”** *Most Reverend Paul D. Etienne – Archbishop of Seattle*

Live streaming masses at Sacred Heart Parish

You may continue to participate in our Sunday Mass with Fr. John Madigan, online via [Facebook Live](#) every Sunday at 11 am.

>Click **here** for the latest Sacred Heart Parish bulletin. If you wish to view an older bulletin, click **here**.

Our Vision || Sacred Heart School is committed to providing an excellent academic education in a welcoming environment of faith and virtue. We accomplish this by building an active partnership between our families, school, and parish. Graduates of Sacred Heart School are servant leaders who are well prepared to embrace the life that God calls them to live.

From the Heart is published weekly during the school year on Thursdays.
If you have content to include in future newsletters, please [obtain administration permission](#) and then send to fth@sacredheart.org by **Tuesday** night.