

SHS Hot Lunch Menu by DElectable BBQ & Catering

October 2020

Daily Lunch Options

Baked Potato Bar w/entree sides \$5.50

8" Turkey & Cheese Sub Sandwich or Ham & Cheese Sub Sandwich with Chips \$6.00 Ham or Turkey Croissant Sandwich with Chips \$6.00

BBQ Chicken. Chicken Caesar Salad Wrap. Southwest Chicken Wrap or Tofu Wrap with Chips \$6.00

Caesar Salad-\$5.50 Chicken Caesar Salad-\$6.50 House Salad -\$5.50 Cobb Salad-\$6.50 Chicken Southwest Salad \$6.50, Add Avocado - \$0.50

5	6	7	8	9
Beef or Vegetarian Chili Cornbread Fruit	Fresh Made Buttermilk Chicken Tenders Corn Applesauce Cookie	Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Green Beans Brownie	Scratch Made Mac & Cheese Applesauce Cookie	Chicken or Tofu Teriyaki Brown Rice Oranges Cookie
12	13	14	15	16
Chicken or Veggie Fried Rice Edamame Fortune Cookie	Chicken Soft Tacos Cilantro Lime Rice Black Beans Chips & Salsa Churro	Nonna's Homemade Meatball Sub Applesauce Brownie	Hot Cakes Sausage Links Fresh Fruit	Orange Chicken Rice Edamame Cookie
19	20	21	22	23
Homemade Chicken Noodle Soup Dinner Roll Cookie	Chicken & Cheese or Bean & Cheese Burritos Corn Chips & Salsa Churro	Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Mixed Veggies Brownie	Chicken or Veggie Yakisoba Edamame Fresh Fruit Cookie	BBQ Chicken or Cheese Flatbread Pizza Fresh Fruit Cookie
26	27	28	29	30
Homemade Tomato Soup Savory Cheese Muffins Cookie	Chicken Burrito Bowl Black Beans Cilantro Lime Rice Chips & Salsa Churro	Nonna's Homemade Meatball Sub Applesauce Brownie	Hot Cakes Sausage Links Fresh Strawberries	Jack-O-Lantern Quesadilla Chips & salsa Halloween Treat

Menu items contain gluten dairy, soy & eggs. Gluten free, dairy free, soy free & egg free hot lunch options are available upon request.