

SHS Hot Lunch Menu by DElectable BBQ & Catering

May 2022

Daily Lunch Options

Baked Potato Bar w/entree sides \$5.75; Naked Fruit Juice (10 oz) \$2.75

8" Turkey & Cheese Sub Sandwich, Ham & Cheese Sub Sandwich \$6.25 Ham or Turkey Croissant Sandwich with Chips \$6.25

BBQ Chicken, Chicken Caesar Salad Wrap, Southwest Chicken Wrap or Tofu Wrap with Chips \$6.25

Caesar Salad-\$5.50 Chicken Caesar Salad-\$6.50 House Salad -\$5.50 Cobb Salad-\$6.50 Chicken Southwest Salad \$6.50, Add Avocado - \$0.50

2	3	4	5	6
Scratch Made Mac & Cheese Applesauce Cookie	Chicken Burrito or Bean & Cheese Burrito Chips & Salsa Churro	Nonna's Homemade Meatball Sub Mixed Veggies Brownie	Happy Cinco de Mayo! Chicken or Veggie Tortilla Soup Roasted Corn Special Treat	Early Dismissal – No Hot Lunch
9	10	11	12	13
BBQ Chicken Sandwich Baked Beans Applesauce Cookie	Chicken or Cheese Quesadilla Black Beans Fresh Fruit Churro	Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Fresh Fruit Brownie	Hot Cakes Sausage Links Fresh Strawberries	Chicken or Tofu Teriyaki Brown Rice Oranges Cookie
 16	17	18	19	20
Lunch Around the World Ukrainian Kotleti (Meatballs) Deruny (Ukrainian Potato Pancakes) Dessert	Chicken or Vegetarian Burrito Bowl Black Beans Cilantro Lime Rice Chips & Salsa Churro	Nonna's Homemade Meatball Sub Mixed Veggies Brownie	Cheeseburger, Hamburger or Veggie Burger Tater Tots Cookie	Fresh-Made Pizza Cheese or Pepperoni Oranges Cookie
23	24	25	26	27
Buttermilk Chicken Tenders Corn Applesauce Cookie	BBQ Chicken Tostada or Bean Tostada Corn Churro	Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Fresh Fruit Brownie	French Toast Bake Sausage Links Fresh Strawberries	Field Day
30	31	1	2	3
NO SCHOOL	Chicken or Veggie Soft Tacos Black Beans Cilantro Lime Rice Churro	Nonna's Homemade Meatball Sub Mixed Veggies Brownie	Cheeseburger, Hamburger or Veggie Burger Tater Tots Cookie	Chicken or Veggie Yakisoba Edamame Fresh Fruit Cookie

Menu items contain gluten dairy, soy & eggs. Gluten free, dairy free, soy free & egg free hot lunch options are available upon request.